

FREE CHRISTIAN JOURNAL PROMPTS

24 Scripture-rooted questions for honest time with God

1. Where have I noticed God's care this week?
2. What question am I afraid to bring to God?
3. What does today's Scripture reveal about God's character?
4. What am I trying to control?
5. What would trust look like in one practical action?
6. Which label does Scripture invite me to release?
7. What truth do I need to repeat when shame returns?
8. What boundary would protect my healing?
9. Where do I need support beyond these pages?
10. What am I grieving without giving myself room to name?
11. What gift did I nearly miss today?
12. Who can I thank or encourage?
13. What family pattern do I want to stop passing forward?
14. What new practice could take its place?
15. Who needs prayer by name today?
16. What relationship needs honesty, patience, or repair?
17. What gift can I steward in a small way?
18. Where might purpose be growing quietly?
19. What decision needs wisdom and counsel?
20. What am I waiting for God to do?
21. What might God be forming in me while I wait?
22. What answered prayer do I want to remember?

23. What is one next faithful step?

24. What can I place back in God's hands tonight?